

Love Red's but have a specific food allergy? Worry not. We've taken the time to thoroughly work through all our ingredients and suppliers to help guide you to BBQ nirvana.

We only list dishes which include one or more of the below allergens. If your dish or sauce is not here, you're good to go.

If you're in any doubt, please ask for our detailed allergies document at the restaurant, we'll be happy to help. Rejoice, you can feast at Red's!

Gluten	Barley	Celery	Egg	Milk	Mustard	Other nuts	Sesame seeds	Soya	Sulphite	Wheat	Fish	Oats
Gl	Ba	Ce	E	Mi	Mu	N	Se	So	Sul	Wh	Fi	O

MENU ITEM

ALLERGEN

SNACKS

Cracklings	Gl E Mi Wh
Beef Jerky	Gl Sul Wh

LITTLE PLATES

Pit Smoked BBQ Wings	Ce Gl E Mi Mu Wh
Frickles and Jimmy Choori	Gl E Mi Mu Wh
Mac n Cheese Balls	Gl E Mi Mu Sul Wh
Halloumi Fries	Gl E Mi Mu Wh
Rib Taster	Gl E Mi Sul Wh
Texas Link Fixin	Gl E Mi Mu Wh

LOADED FRIES

Swine Fries	Gl E Mi Sul Wh
Black & Blue Fries	Gl Ba E Mi Mu Wh Fi
Slopper Fries	Gl Ba E Mi Mu Sul Wh Fi

BBQ LITE

Chicken Casear	Gl E Mi Wh Fi
Hot Mess	Ba Mi Sul Fi

FEASTING

Feast for 2	Gl Ba E Mi Mu Sul Wh Fi
Feast for 4	Gl Ba E Mi Mu Sul Wh Fi

BARBECUE TRAYS

Baby Backs & Buffalo Wings	Gl Ce E Mi Mu Sul Wh
Beef Long & Sticky Chicken	Ba Mu Sul Fi
Red's Pulled Pork & Slaw	Gl E Mi Sul Wh
Sticky Chicken	Mu Sul
Brisket & Burnt Ends	Gl Ba Mi Mu Sul Wh Fi
The Pig Tray	Mi Mu Sul
The Pitmaster Tray	Gl Ba E Mi Mu Sul Wh Fi
The Bird Tray	Gl E Mi Mu Wh

SIDES

Skin-On Fries	Gl E Mi Wh
Buttermilk Slaw	E Mi Sul
Giant Onion Rings	Gl E Mi Wh
Tray Baked Cornbread	Gl E Mi Mu Wh
Red's Pit Beans	Ba Mi Mu Sul Fi
Sweet Potato Fries	Gl E Mi Wh
Mac n Cheese	Gl Mi Mu Wh
Chopped Salad	Sul
BBQ Greens	Mi

BURGERS & STEAKS

Classic Bacon Cheeseburger	Gl E Mi Mu So Wh
The Juicy Lucifer	Gl E Mi Mu So Wh
The Pit Burger	Gl Ba E Mi Mu So Sul Wh Fi
The Donut Burger	Gl E Mi Mu Wh
Red's Bean Burger	Gl E Mi So Sul Wh
Kansas City Strip Steak	Gl Ba E Mi Wh

MENU ITEM

ALLERGEN

S'WICHES

Pitmaster Sandwich	Gl Ba E Mi Mu So Sul Wh Fi
Pulled Pork Sandwich	Gl E Mi So Sul Wh
The Dirty Buffalo Chicken	Gl Ce E Mi Mu Sul Wh <i>traces Ba, N, O, Rye, Se & So</i>

EXTRA MEATS

Red's Pulled Pork	Sul
Smoked cheese & Jalapeño Sausage	Mi Mu
Smoked Wing	Gl E Mi Wh
Rib Tips	Sul
Burnt Ends	Ba Mu Fi
St Louis Ribs	Sul
Baby Back Ribs	Sul
Beef Long Rib	Ba Mu Fi
Smoked Brisket	Ba Mu Fi
Oak Smoked Turkey	Mi

EXTRAS

Pit Beans	Ba Mi Mu Sul Fi
Pulled Pork	Sul
Cheese & Jalepeno Sausage	Mi Mu
Brisket	Ba Mu Fi
Halloumi	Mi

LUNCH

Smoked Chicken Casear Salad	Gl E Mi Wh Fi
Rib Stack	Gl E Mi Sul Wh
Pulled Chicken & Pork Sandwich	Gl E Mi Mu Sul Wh
Classic Bacon Cheeseburger	Gl E Mi Mu So Wh
Red's Bean Burger	Gl E Mi So Wh
Smoked Turkey and Ham Melt	Gl E Mi Mu Wh

SWEET THINGS

Raspberry Chocopop Sundae	E Mi N So Wh O
Toffee Apple Pie	Gl E Mi N Sul Wh O
Cheesecake Lolipop	Gl E Mi N So Wh O
Key Lime Sherbet Fizz	Gl E Mi N So Sul Wh O
Chocolate Brownie and Ice Cream	E Mi N So Wh O

ICE CREAM BY FLAVOUR

Vanilla	Mi
Raspberry Ripple	Mi
Choc Chip	Mi So
Salted Caramel	Ba Mi

SHAKES

Vanilla Custard Shake	Gl Ba Mi So Wh
Chocolate Salted Caramel Shake	Gl Ba Mi So Wh
Cold Brew Coffee Shake	Gl Ba Mi So Wh
Raspberry Ripple Brownie Shake	Gl Ba E Mi N So Wh O

SAUCES

South Carolina	Mu
Dirty Burger Sauce	E Mu Sul
Buffalo Sauce	Ce Mi Mu